

# SILVER MESA RECREATION CENTER

## SILVER MESA RECREATION CENTER

4025 Allen Lane - North Las Vegas, NV 89032 Phone: (702) 633-2550 Fax:(702) 636-5511

Mon through Thu 9:00am-7:00pm

Fri 9:00am-2:00pm \*\*For Social Seniors & Fitness Members\*\*

Sat 9:00am-2:00pm

Closed Sun

## REGISTRATION SCHEDULE – FALL 2021

### Session I

### 6-weeks

Registration:

August 28 – September 7, 2021

Classes:

September 13 – October 23, 2021

Make-up Week:

October 25 – October 30, 2021

Official Holidays:

Monday, September 6, Labor Day

Friday, October 29, Nevada Day

### Session II

### 6-weeks

Registration:

October 16 – October 26, 2021

Classes:

November 1 – December 11, 2021

Make-up Week:

December 13 – December 18, 2021

Official Holidays:

Thursday, November 11, Veteran's Day

Thursday, November 25, Thanksgiving Day

Friday, November 26, Family Day

## FITNESS FACILITY

Silver Mesa offers two fitness rooms. One room has a variety of strength and resistance equipment and the second room has the latest cardiovascular machines to help improve and maintain your overall fitness level. The cardio room is equipped with a state of the art cardio theater as well as a sound system to get you moving during your workout. So bring your headphones from home for use of the cardio machines and tune into our TV's! Users must be members.

To qualify for a membership, the user must be 18 years of age or older and show a valid Picture I.D. at the time of registration.

**Membership Fees:** \$5/day      \$18/month      \$81/6 months

**Fitness Room Hours:**

|         |               |
|---------|---------------|
| Mon-Fri | 9:00am-6:45pm |
| Sat     | 9:00am-1:45pm |
| Sun     | Closed        |

### **FUN ZONE SUMMER OPEN GYM HOURS**

A Fun Zone I.D. is required for all participants.

| <b>AGES</b>                 | <b>DAY(S)</b> | <b>TIME</b>   | <b>FEE</b>           |
|-----------------------------|---------------|---------------|----------------------|
| Children 6-17 yrs           | Mon-Fri       | 3:00pm-6:45pm | \$3/month, \$36/year |
| Adults w/ children 6-17 yrs | Sat           | 9:00am-1:45pm | \$3/month, \$36/year |
| Adult Basketball            | TBA           |               |                      |

# SILVER MESA RECREATION CENTER

## FUN ZONE DROP-IN PROGRAM

### **(Game room / Gymnasium)**

Are you looking for fun and exciting activities for your children? Look no further. The Silver Mesa Recreation Center is the place to be! We offer a variety of FREE programs such as special events, on the spot games, tournaments, arts & crafts and physical activities. The program goal is to provide a safe, fun and supervised alternative for youth. IMPORTANT! This is a drop-in program. Youth come and go as they please.

### **FUN ZONE MEMBERSHIP - \$3.00 monthly**

All youth must be registered by a parent or guardian. Children must have their membership cards in their possession to participate. If a participant's card is lost or stolen, a new card must be purchased. A \$3 replacement card fee applies.

| <b>AGES</b> | <b>DAY(S)</b> | <b>TIME</b>   |
|-------------|---------------|---------------|
| 17 & under  | Mon-Fri       | 3:00pm-6:45pm |
|             | Sat           | 9:00am-1:45pm |

### **FUN ZONE SPECIAL/WEEKLY EVENTS**

Beginning week of June 5<sup>th</sup> (Activities to be determined the week prior)

| <b>ACTIVITY</b>              | <b>DATE(S)</b> | <b>TIME</b>   | <b>FEE</b>             |
|------------------------------|----------------|---------------|------------------------|
| National Pepperoni Pizza Day | Mon, Sept 20   | 1:00pm-5:00pm | \$1 w/ active Fun Zone |

### **FUN ZONE TRIPS AND EXCURSIONS (If Social Distancing Guidelines Permits)**

Limited to the first 20 participants and transportation will be provided by the City of North Las Vegas. Lunch will be on your own.

**TBA**

## TOT SPOT

### **TOT SPOT @ MESA (3 MONTHS – 4 YEARS)**

Don't have a babysitter? No problem! It's easy to accomplish your wellness goals at the Silver Mesa Recreation Center. Bring your child to Tot Spot at Mesa while you work out in our facility. Children can play for up to two hours; parents must remain in the building. Please see front desk for registration form and parent handbook. For more information call 702-633-2550.

- Monday through Thursday, 9:00am – 12:00pm and 2:00pm - 6:45pm
- Friday & Saturday, 9:00am-1:45pm
- Closed on Sunday's and Holidays

Drop-in Cost: \$5

Session - \$10 – Sibling must be enrolled in a class

Monthly Cost: \$20

# SILVER MESA RECREATION CENTER

## SENIOR PROGRAMS

### SENIOR SPECIAL EVENTS

Join the Social Seniors, Mon through Fri from 8:00 am until 12:00 noon for a variety of recreational and educational opportunities. Daily leisure activities, instructional classes, special events and excursions are offered to those ages 55 and older. For more information, please call 633-2550. Social Senior Membership - \$3.00 annually.

| AGES       | DAY(S)  | TIME             |
|------------|---------|------------------|
| 55 & older | Mon-Fri | 8:00am-12:00noon |

## RECREATION CLASSES

### HOW TO REGISTER FOR CLASSES at the Silver Mesa Recreation Center

Fill out a class household information card and pay the required fees at the center. You are not enrolled into the class until you have: 1) Signed the waiver on the back of the household information card, 2) Your fees have been paid, and 3) You have received your receipt. You may also register online starting the first day of registration! Look for the class registration link under Online Services on the City's web page [www.cityofnorthlasvegas.com](http://www.cityofnorthlasvegas.com)

**Please Note: The City of North Las Vegas reserves the right to prorate class fees as necessary due to holidays, etc.**

## ARTS & CRAFTS

| CLASS                     | INSTRUCTOR | DAY(S) | TIME           | FEE  |
|---------------------------|------------|--------|----------------|------|
| Ceramics and Pottery (9+) | Larry Rush | Thu    | 4:00pm-5:30pm  | \$55 |
| Ceramics and Pottery (9+) | Larry Rush | Sat    | 11:30am-1:00pm | \$55 |
| Ceramics and Pottery (9+) | Larry Rush | Sat    | 9:30am-11:00am | \$55 |
| Intro to Drawing (7-14)   | Larry Rush | Mon    | 5:30pm-6:30pm  | \$30 |
| Intro to Drawing (7-14)   | Larry Rush | Wed    | 5:30pm-6:30pm  | \$30 |

## MUSIC

| CLASS                                   | INSTRUCTOR     | DAY(S) | TIME          | FEE  |
|---|----------------|--------|---------------|------|
| Piano/Guitar Lesson (1/2 hr time slots) | Nicholas Ochoa | Mon    | 4:00pm-7:00pm | \$60 |
| Piano/Guitar Lesson (1/2 hr time slots) | Nicholas Ochoa | Tue    | 4:00pm-7:00pm | \$60 |
| Piano/Guitar Lesson (1/2 hr time slots) | Nicholas Ochoa | Wed    | 4:00pm-7:00pm | \$60 |
| Piano/Guitar Lesson (1/2 hr time slots) | Nicholas Ochoa | Thu    | 4:00pm-7:00pm | \$60 |
| Piano/Guitar Lesson (1/2 hr time slots) | Nicholas Ochoa | Sat    | 9:00am-2:00pm | \$60 |

\*Students interested in guitar lessons MUST provide their own guitar and bring it to all classes.

(Students must be 7 years and older)

# SIVER MESA RECREATION CENTER

## DANCE

| <b>CLASS</b>           | <b>INSTRUCTOR</b> | <b>DAY(S)</b> | <b>TIME</b>     | <b>FEE</b> |
|------------------------|-------------------|---------------|-----------------|------------|
| Ballet (3-5)           | North Star Dance  | Mon           | 1:30pm-2:30pm   | \$24       |
| Ballet (3-5)           | North Star Dance  | Wed           | 2:45pm-3:45pm   | \$24       |
| Ballet & Tap I (3-5)   | North Star Dance  | Mon           | 2:45pm-3:45pm   | \$24       |
| Ballet & Tap I (3-5)   | North Star Dance  | Mon           | 4:00pm-5:00pm   | \$24       |
| Ballet & Tap I (3-5)   | North Star Dance  | Wed           | 1:30pm-2:30pm   | \$24       |
| Ballet & Tap I (3-5)   | North Star Dance  | Sat           | 9:15am-10:15am  | \$24       |
| Ballet & Tap I (3-5)   | North Star Dance  | Sat           | 9:15am-10:15am  | \$24       |
| Ballet & Tap I (3-5)   | North Star Dance  | Sat           | 10:30am-11:30am | \$24       |
| Ballet & Tap I (3-5)   | North Star Dance  | Sat           | 11:45am-12:45pm | \$24       |
| Ballet & Tap I (6+)    | North Star Dance  | Mon           | 5:00pm-6:00pm   | \$24       |
| Ballet & Tap I (6-9)   | North Star Dance  | Tue           | 4:00pm-5:00pm   | \$24       |
| Ballet & Tap I (6+)    | North Star Dance  | Wed           | 5:00pm-6:00pm   | \$24       |
| Ballet & Tap I (6-9)   | North Star Dance  | Sat           | 10:30am-11:30am | \$24       |
| Ballet & Tap I (6-9)   | North Star Dance  | Sat           | 11:45am-12:45pm | \$24       |
| Cheer for Tots (3-5)   | North Star Dance  | Tue           | 2:30pm-3:15pm   | \$24       |
| Cheerleading (6-11)    | North Star Dance  | Sat           | 1:00pm-2:00pm   | \$24       |
| Mommy & Me Dance (1-3) | North Star Dance  | Mon           | Noon-12:45pm    | \$24       |
| Mommy & Me Dance (1-3) | North Star Dance  | Sat           | 9:15am-10:00am  | \$24       |
| Hip Hop for Tots (3-5) | North Star Dance  | Tue           | 3:15pm-4:00pm   | \$24       |
| Hip Hop Rocks! (5-8)   | North Star Dance  | Wed           | 4:00pm-5:00pm   | \$24       |
| Hip Hop Rocks! (5-8)   | North Star Dance  | Mon           | 6:05pm-6:55pm   | \$24       |
| Hip Hop Rocks! (9+)    | North Star Dance  | Wed           | 6:05pm-6:55pm   | \$24       |

## MARTIAL ARTS

| <b>CLASS</b>                        | <b>INSTRUCTOR</b> | <b>DAY(S)</b> | <b>TIME</b>   | <b>FEE</b> |
|-------------------------------------|-------------------|---------------|---------------|------------|
| Ju-Jitsu Self Defense Advanced (7+) | Fuji Ryu Ju-Jitsu | Mon           | 5:00pm-7:00pm | \$48       |
| Ju-Jitsu Self Defense Advanced (7+) | Fuji Ryu Ju-Jitsu | Wed           | 5:00pm-7:00pm | \$48       |
| Ju-Jitsu Self Defense I (7+)        | Fuji Ryu Ju-Jitsu | Tue           | 5:30pm-6:30pm | \$24       |
| Ju-Jitsu Self Defense I (7+)        | Fuji Ryu Ju-Jitsu | Thu           | 5:00pm-6:00pm | \$24       |
| Ju-Jitsu Self Defense I (7+)        | Fuji Ryu Ju-Jitsu | Thu           | 6:00pm-7:00pm | \$24       |

## GYMNASTICS

| <b>CLASS</b>                   | <b>INSTRUCTOR</b> | <b>DAY</b> | <b>TIME</b>     | <b>FEE</b> |
|--------------------------------|-------------------|------------|-----------------|------------|
| Parent/Tot Gymnastics (1 ½ -2) | Go For It USA     | Mon        | 9:15am-10:00am  | \$24       |
| Parent/Tot Gymnastics (1 ½ -2) | Go For It USA     | Mon        | 11:15am-Noon    | \$24       |
| Parent/Tot Gymnastics (1 ½ -2) | Go For It USA     | Tue        | 10:15am-11:00am | \$24       |
| Parent/Tot Gymnastics (1 ½ -2) | Go For It USA     | Wed        | 9:15am-10:00am  | \$24       |
| Parent/Tot Gymnastics (1 ½ -2) | Go For It USA     | Wed        | 12:15pm-1:00pm  | \$24       |
| Parent/Tot Gymnastics (1 ½ -2) | Go For It USA     | Wed        | 5:15pm-6:00pm   | \$24       |

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|                                |               |     |                 |      |
|--------------------------------|---------------|-----|-----------------|------|
| Parent/Tot Gymnastics (1 ½ -2) | Go For It USA | Thu | 9:15am-10:00am  | \$24 |
| Parent/Tot Gymnastics (1 ½ -2) | Go For It USA | Sat | 9:15am-10:00am  | \$24 |
| Tot Gymnastics (3)             | Go For It USA | Mon | 10:15am-11:00am | \$24 |
| Tot Gymnastics (3)             | Go For It USA | Mon | Noon-12:45pm    | \$24 |
| Tot Gymnastics (3)             | Go For It USA | Mon | 12:45pm-1:30pm  | \$24 |
| Tot Gymnastics (3)             | Go For It USA | Tue | 9:15am-10:00am  | \$24 |
| Tot Gymnastics (3)             | Go For It USA | Tue | 11:00am-Noon    | \$24 |
| Tot Gymnastics (3)             | Go For It USA | Wed | 11:30am-12:15pm | \$24 |
| Tot Gymnastics (3)             | Go For It USA | Wed | 1:15pm-2:00pm   | \$24 |
| Tot Gymnastics (3)             | Go For It USA | Thu | 11:15am-Noon    | \$24 |
| Tot Gymnastics (3)             | Go For It USA | Thu | Noon-1:00pm     | \$30 |
| Tot Gymnastics (3)             | Go For It USA | Sat | 12:45pm-1:45pm  | \$24 |
| Tot Gymnastics (3)             | Go For It USA | Sat | 11:30am-12:15pm | \$24 |
| Pre-School Gymnastics (4-5)    | Go For It USA | Mon | 6:00pm-7:00pm   | \$30 |
| Pre-School Gymnastics (4-5)    | Go For It USA | Tue | 11:00am-Noon    | \$30 |
| Pre-School Gymnastics (4-5)    | Go For It USA | Tue | Noon-1:00pm     | \$30 |
| Pre-School Gymnastics (4-5)    | Go For It USA | Tue | 1:00pm-2:00pm   | \$30 |
| Pre-School Gymnastics (4-5)    | Go For It USA | Tue | 2:00pm-3:00pm   | \$30 |
| Pre-School Gymnastics (4-5)    | Go For It USA | Tue | 6:00pm-7:00pm   | \$30 |
| Pre-School Gymnastics (4-5)    | Go For It USA | Wed | 10:15am-11:15am | \$30 |
| Pre-School Gymnastics (4-5)    | Go For It USA | Thu | 10:00am-11:00am | \$30 |
| Pre-School Gymnastics (4-5)    | Go For It USA | Thu | Noon-1:00pm     | \$30 |
| Pre-School Gymnastics (4-5)    | Go For It USA | Sat | 10:15am-11:15am | \$30 |
| Pre-School Gymnastics (4-5)    | Go For It USA | Sat | 11:30am-12:30pm | \$30 |
| Beginning Gymnastics (6+)      | Go For It USA | Mon | 4:00pm-5:00pm   | \$30 |
| Beginning Gymnastics (6+)      | Go For It USA | Tue | 5:00pm-6:00pm   | \$30 |
| Beginning Gymnastics (6+)      | Go For It USA | Wed | 4:15pm-5:15pm   | \$30 |
| Beginning Gymnastics (6+)      | Go For It USA | Wed | 6:00pm -7:00pm  | \$30 |
| Beginning Gymnastics (6+)      | Go For It USA | Thu | 4:00pm-5:00pm   | \$30 |
| Beginning Gymnastics (6+)      | Go For It USA | Thu | 6:00pm-7:00pm   | \$30 |
| Beginning Gymnastics (6+)      | Go For It USA | Sat | 9:15am-10:15am  | \$30 |
| Beginning Gymnastics (6+)      | Go For It USA | Sat | 10:15am-11:15am | \$30 |
| Beginning Gymnastics (6+)      | Go For It USA | Sat | 12:45pm-1:45pm  | \$30 |
| Intermediate Gymnastics (6+)   | Go For It USA | Mon | 5:00pm-6:00pm   | \$36 |
| Intermediate Gymnastics (6+)   | Go For It USA | Tue | 4:00pm -5:00pm  | \$36 |
| Intermediate Gymnastics (6+)   | Go For It USA | Thu | 5:00pm -6:00pm  | \$36 |

**KIDDIE KOLLEGE EARLY CHILDHOOD EDUCATION**  
**NOT BEING OFFERED AT THIS TIME**

Silver Mesa will advertise upcoming special events at the center. For more information please call the front desk at 702-633-2550.