

# Neighborhood Recreation Center

1638 N. Bruce St., North Las Vegas, NV 89030 (702) 633-1600

## UPCOMING

### HOW TO REGISTER FOR CLASSES at the Neighborhood Recreation Center

Fill out a class household information card and pay the required fees at the center. You are not enrolled into the class until you have: 1) signed the waiver on the back of the household information card, 2) your fees have been paid, and 3) you have received your receipt. You may also register online starting the first day of registration! Look for the class registration link under Online Services on the City's web page

[www.cityofnorthlasvegas.com](http://www.cityofnorthlasvegas.com)

**Please Note: The City of North Las Vegas reserves the right to prorate class fees as necessary due to holidays, etc.**

#### Session I

Registration: December 4 - December 14, 2021  
Classes: January 3 - February 12, 2022  
Make-up Week: February 14 - February 19, 2022  
Official Holidays: Saturday, January 1, New Year's Day  
Monday, January 17, MLK Day

#### 6-weeks

#### Session II

Registration: February 5 - February 15, 2022  
Classes: February 22 - April 2, 2022  
Make-up Week: April 4 - April 9, 2022  
Official Holidays: Monday, February 21, Presidents' Day

#### 6-weeks

#### Session III

Registration: March 26 - April 5, 2022  
Classes: April 11 - May 21, 2022  
Make-up Week: May 23 - May 28, 2022  
Official Holidays: None

#### 6-weeks

### OPEN GYM HOURS

A Fun Zone I.D. or Adult Sports Zone I.D. is required for all participants.

AGES	DAY(S)	TIME	FEE
Adult Basketball	Tu	Noon-2:00pm	\$2/day, \$10/3months
Adult Badminton	Mon/Wed	Noon-2:00pm	\$1/day, \$5/3months
Children 6-17 yrs	Mon-Thu	2:00pm-6:45pm	\$3/month, \$36/year
Children 6-17 yrs	Sat	9:00am-1:45pm	\$3/month, \$36/year

### FITNESS FACILITY

The Neighborhood Recreation Center offers a variety of state-of-the-art free weights, strength and cardiovascular machines to help improve and maintain your overall fitness level. Participants must be 18 years of age or older and show a valid Picture I.D. at time of registration. Lockers are provided on site for bags and personal items.

Membership Fees:	\$2/day \$7/month	\$35/6 months
Fitness Room Hours:	Mon-Thu	9:00am-6:45pm
	Sat	9:00am-1:45pm
	Fri/Sun	Closed

### CRAFT CLASSES FOR ADULTS

**\*Must provide your own supplies**

CLASS	INSTRUCTOR	DAY(S)	TIME	FEE
Sewing 101	Rhonda Embs	Tue	1:00pm-3:00pm	\$10

### FITNESS/EXERCISE CLASSES FOR KIDS

CLASS	INSTRUCTOR	DAY(S)	TIME	FEE
Karate I	Stephanie Gordon	Tue/Thu	5:30-6:30pm	\$24
Karate II	Stephanie Gordon	Tue/Thu	5:30-6:30pm	\$27

### DANCE CLASSES FOR KIDS/INSTRUCTOR: NORTH STAR DANCE

CLASS	Ages	DAY(S)	TIME	FEE
Ballet & Tap	3-5	Wed	5:00-6:00pm	\$15
Hip Hop Dance	4-10	Tue	6:00-7:00pm	\$15
Int. Ballet	6-14	Sat	12:30-1:30pm	\$15

### SPECIALTY CLASSES FOR KIDS

CLASS	Ages	DAY(S)	TIME
Basketball Skills & Drills	5-17	Sat	11:00am-12:00pm

**\*FREE with valid Fun Zone Membership**

Public Hours of Operations:	Senior Hours of Operations:
Mon-Thu 9:00am-7:00pm	Mon-Thu 8:00am-12:00pm
Fri Closed	Fri Closed
Sat 9:00am-2:00pm	Sat Closed
Sun Closed	Sun Closed

### SOCIAL SENIORS

Join the Social Seniors, Mon through Thu from 8:00am until 1:00pm for a variety of recreational and educational opportunities. Daily leisure activities including Wii, billiards, card games, instructional classes, special events and excursions are offered to those age 55 and older. For more information, please call (702) 633-1600. Social Senior Membership - \$3 annually.

### NEIGHBORHOOD CAFÉ

Spend the morning at the Neighborhood Recreation Center participating in a class or workshop and then join us for a hot lunch. Lunch is served at noon, Mon through Thu. Cost of lunch is \$2 per person.

### FITNESS, MOVEMENT & MORE FOR SENIORS

**\*All classes are FREE with your Social Senior membership**

CLASS	INSTRUCTOR	DAY(S)	TIME
Fitness Room	N/A	Mon-Thu	8:00am-Noon
Gym Walking	N/A	Mon-Thu	8:00am-8:30am
Yoga	Janet Mantilla	Mon/Wed	8:30am-9:15am
Full Body Workout	Dena Martin	Mon/Wed	10:00am-11:00am
Beg. Boot Camp	Janet Mantilla	Tue/Thu	8:30am-9:15am
Fun Fit	Janet Mantilla	Tue	11:00am-11:45am
Belly Dancing	Mari Jepson	Wed	11:00am-12:00pm
Belly Dancing	Mari Jepson	Thu	10:15am-11:15am
Tap Dancing	Mari Jepson	Wed	9:15am-10:00am
Tap Dancing	Mari Jepson	Thu	11:15am-12:45pm
Zumba Gold	Janet Mantilla	Tue/Thu	9:30am-10:15am

### CRAFT CLASSES FOR SENIORS

**\*All classes are FREE with your Social Senior membership**

CLASS	INSTRUCTOR	DAY(S)	TIME
Drawing & Painting	TBD	Mon/Wed	8:30am-11:30am
Sewing 101	Rhonda Embs	Tue	9:00am-11:30am
Ceramics Studio	Dori Peck	Tue/Thu	9:00am-11:30am
Card Design	Rhonda Embs	Wed	9:00am-11:30am
Quilting	Rhonda Embs	Thu	9:00am-11:30am
Art Journaling	Rhonda Embs	Mon	9:00am-11:30am

### EDUCATIONAL CLASSES FOR SENIORS

CLASS	INSTRUCTOR	DAY(S)	TIME	FEE
Seniors Eating Well	Staff	Thu	10:00am-11:00am	FREE

### SPECIAL EVENTS & SENIOR TRIPS

Will be scheduled and promoted at the center. For more information on what's coming up for the month please call the Front Desk 702-633-1600.