

Neighborhood Recreation Center

1638 N. Bruce St., North Las Vegas, NV 89030 (702) 633-1600

UPCOMING

HOW TO REGISTER FOR CLASSES at the Neighborhood Recreation Center

Fill out a class household information card and pay the required fees at the center. You are not enrolled into the class until you have: 1) signed the waiver on the back of the household information card, 2) your fees have been paid, and 3) you have received your receipt. You may also register online starting the first day of registration! Look for the class registration link under Online Services on the City's web page

www.cityofnorthlasvegas.com

Please Note: The City of North Las Vegas reserves the right to prorate class fees as necessary due to holidays, etc.

Session I

6-weeks

Registration: August 28 - September 7, 2021
Classes: September 13 - October 23, 2021
Make-up Week: October 25 - October 30, 2021
Official Holidays: Monday, September 6, Labor Day
Friday, October 29, Nevada Day

--NO CLASSES THANKSGIVING WEEK--

Session II

5-weeks

Registration: October 16 - October 26, 2021
Classes: November 1 - December 11, 2021
Make-up Week: December 13 - December 18, 2021
Official Holidays: Thursday, November 11, Veteran's Day
Thursday, November 25, Thanksgiving Day
Friday, November 26, Family Day

OPEN GYM HOURS

A Fun Zone I.D. or Adult Sports Zone I.D. is required for all participants.

AGES	DAY(S)	TIME	FEE
Adult Basketball	Tu/Thu	Noon-2:00pm	\$2/day, \$10/3months
Adult Badminton	Mon/Wed	Noon-2:00pm	\$1/day, \$5/3months
Children 6-17 yrs	Mon-Thu	2:00pm-6:45pm	\$3/month, \$36/year
Children 6-17 yrs	Sat	9:00am-1:45pm	\$3/month, \$36/year

FITNESS FACILITY

The Neighborhood Recreation Center offers a variety of state-of-the-art free weights, strength and cardiovascular machines to help improve and maintain your overall fitness level. Participants must be 18 years of age or older and show a valid Picture I.D. at time of registration. Lockers are provided on site for bags and personal items.

Membership Fees:	\$2/day \$7/month	\$35/6 months
Fitness Room Hours:	Mon-Thu	9:00am-6:45pm
	Sat	9:00am-1:45pm
	Fri/Sun	Closed

FITNESS/EXERCISE CLASSES FOR KIDS

CLASS	INSTRUCTOR	DAY(S)	TIME	FEE
Karate I	Stephanie Gordon	Tu/Thu	5:30-6:30pm	\$24
Karate II	Stephanie Gordon	Tu/Thu	5:30-6:30pm	\$27

DANCE CLASSES FOR KIDS/INSTRUCTOR: NORTH STAR DANCE

CLASS	Ages	DAY(S)	TIME	FEE
Ballet & Tap	3-5	Wed	5:00-6:00pm	\$15
Hip Hop Dance	4-10	Tue	6:00-7:00pm	\$15
Int. Ballet	6-14	Sat	12:30-1:30pm	\$15
Jazz I	6-10	Sat	11:30-12:30pm	\$15

SPECIALTY CLASSES FOR KIDS

CLASS	Ages	DAY(S)	TIME
Basketball Skills & Drills	5-17	Sat	11:00am-12:00pm

***FREE with valid Fun Zone Membership**

Public Hours of Operations:

Mon-Thu 9:00am-7:00pm

Fri Closed

Sat 9:00am-2:00pm

Sun Closed

Senior Hours of Operations:

Mon-Thu 8:00am-12:00pm

Fri Closed

Sat Closed

Sun Closed

SOCIAL SENIORS

Join the Social Seniors, Mon through Thu from 8:00am until 1:00pm for a variety of recreational and educational opportunities. Daily leisure activities including Wii, billiards, card games, instructional classes, special events and excursions are offered to those age 55 and older. For more information, please call (702) 633-1600. Social Senior Membership - \$3 annually.

NEIGHBORHOOD CAFÉ

Spend the morning at the Neighborhood Recreation Center participating in a class or workshop and then join us for a hot lunch. Lunch is served at noon, Mon through Thu. Cost of lunch is \$2 per person.

FITNESS, MOVEMENT & MORE FOR SENIORS

***All classes are FREE with your Social Senior membership**

CLASS	INSTRUCTOR	DAY(S)	TIME
Fitness Room	n/a	Mon-Thu	8:00am-Noon
Gym Walking	n/a	Mon-Thu	8:00am-8:30am
Yoga	Janet Mantilla	Mon/Wed	8:30am-9:15am
Full Body Workout	Dena Martin	Mon/Wed	10:00am-11:00am
Tai Chi	Victoriano Sioson	Mon/Wed	11:00am-11:45am
Beg. Boot Camp	Janet Mantilla	Tu/Thu	8:30am-9:15am
Fun Fit	Janet Mantilla	Tu	11:00am-11:45am
Belly Dancing	Mari Jepson	Thu	9:30am-10:30am
Tap Dancing	Mari Jepson	Thu	10:30am-11:30am
Zumba Gold	Janet Mantilla	Tu/Thu	9:30am-10:15am

CRAFT CLASSES FOR SENIORS

***All classes are FREE with your Social Senior membership**

CLASS	INSTRUCTOR	DAY(S)	TIME
Drawing & Painting	TBD	Mon/Wed	8:30am-11:30am
Sewing 101	Rhonda Embs	Tu	9:00am-11:30am
Ceramics Studio	Dori Peck	Tu/Thu	9:00am-11:30am
Card Design	Rhonda Embs	Wed	9:00am-11:30am
Quilting	Rhonda Embs	Thu	9:00am-11:30am
Art Journaling	Rhonda Embs	Mon	9:00am-11:30am

EDUCATIONAL CLASSES FOR SENIORS

CLASS	INSTRUCTOR	DAY(S)	TIME	FEE
Seniors Eating Well	Staff	Thu	10:00am-11:00am	FREE

SPECIAL EVENTS & SENIOR TRIPS

Will be scheduled and promoted at the center. For more information on what's coming up for the month please call the Front Desk 702-633-1600.