



Your swimming pool and spa are a source of fun, relaxation and exercise for you, your friends and your family.

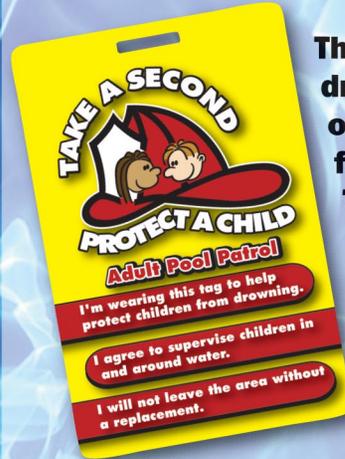
To increase awareness of pool safety, the North Las Vegas Fire Department is providing this brochure and the Adult Pool Patrol Tag to assist you in keeping your pool safe and fun.

For additional information concerning pool safety, please visit the following websites.

www.ipssa.com
www.southernnevadahealthdistrict.org

WHAT EVERYONE MUST KNOW ABOUT DROWNING PREVENTION

DROWNINGS CAN BE PREVENTED...
 The most common drowning victim is a child four years of age or younger.



The majority of drowning deaths occur in the family pool, with 70% of the incidents occurring between 2 to 8 p.m.

When children are in or near water, designate an adult to maintain constant visual contact.



Use the Adult Pool Patrol tag to identify the person who will be responsible for watching the children in and around water.



Is your swimming pool safe for them?



Look inside for simple rules to make sure it is.

The ABC&D's of Drowning Prevention

A drowning can occur in seconds, in any body of water including pools, spas, inflatable pools, bathtubs, toilets, and buckets.

A is for Adult Supervision

- ▶ Designate an adult who can swim to actively supervise children around water.
- ▶ Teach all children to get out of the water if a supervising adult leaves the pool area.
- ▶ Maintain visual contact and remain close to children.

Installation and proper use of barriers can delay a child's access to the pool.

B is for Barriers

- ▶ Make sure all fence gates to the pool area are self-closing and self-latching with latches above a child's reach.
- ▶ Doggie doors, back doors and windows leading to pool must be alarmed to alert family when opened.
- ▶ Tables, chairs, planters must be moved away from pool fence and secured so they cannot be used for climbing over the fence.

Swimming lessons are a gift for life. Teach children to swim, but remember - it does not make them drown-proof.

C is for Classes

- ▶ Enroll children in age appropriate swimming lessons taught by qualified instructors.
- ▶ CPR skills save lives and prevent brain damage by maintaining breathing/heartbeat until medical assistance arrives.
- ▶ Require parents, grandparents and care givers to know CPR, rescue techniques, and how to call 9-1-1.

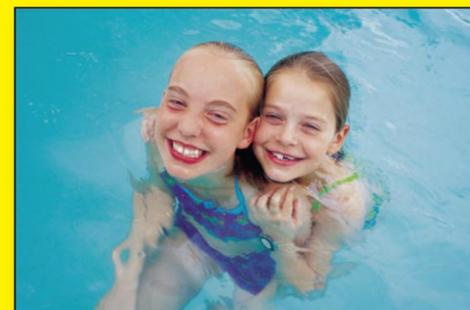
Always wear a PFD (Personal Flotation Device)/Lifejacket in or near any open water.

D is for Devices

- ▶ Floaties or inflatable toys are NOT designed to be used as a PFD/lifejacket or substitute for adult supervision.
- ▶ Keep toy boxes, toys, tricycles, big wheels, etc. away from the pool. Remove inflatables like tubes, rafts and beach balls from the pool after each use.
- ▶ Rescue equipment, lifesaving ring, shepherd's hook and CPR instructions should be mounted at pool side.

RULES OF THE WATER...

- ▶ Adult supervision in and around water is the most important safety consideration.
- ▶ Keep a telephone near the pool for quick access to 9-1-1, and to avoid leaving children unattended to answer the phone.



**Children Drown Without A Sound
Take A Second –
Protect A Child**

